



BIPOC and LGBTQ in Peer Support Survey

Thank you so much for your work.

Below is the description of our BIPOC and LGBTQ in Peer Support Survey

Research shows that only one in three Black adults who need mental health care receive it. Additionally, gay and bisexual youth are almost **five times as likely** to have attempted suicide as their straight peers.

Peer support addresses these needs and helps individuals achieve long-term recovery. It is therefore important to address barriers to care and inclusion experienced by our BIPOC (Black, Indigenous, People of Color) and LGBTQ peers. Mental Health America (MHA) recognizes a peer as someone a person identifies with in some capacity. This can include anything from mental health diagnosis to sexual orientation to a shared language.

This survey is designed to understand the experiences of BIPOC and LGBTQ peers who engage with peer support systems and the ways in which peer support can better help them. While we use the terms BIPOC and LGBTQ in this survey, we acknowledge that these terms are limited when describing diverse experiences. We hope that feedback from this survey will help broaden and inform our work at Mental Health America (MHA) and the Center for Peer Support (CPS) as well as the work of our affiliates.

Important Accounts to Tag

- **Instagram:** @mentalhealthamerica
- **Twitter:** @mentalhealtham
- **Facebook:** @MentalHealthAmerica
- **LinkedIn:** @MentalHealthAmerica

Relevant Links

- **MHA Main Website:** mhanational.org
- **MHA Center for Peer Support Website:** mhanational.org/center-peer-support
- **Survey Link:** <https://www.surveymonkey.com/r/bipoclgbtq>
- **Blog Link:** <https://mhanational.org/blog/addressing-inclusion-peer-support>

Sample Text:

Do you want to help amplify the voices of diverse peers in your community? [Share this survey](#)

and help Mental Health America and the Center for Peer Support understand the needs of BIPOC and LGBTQ peers. **Deadline June 30th**

Social media

Download the graphics [here](#)

Facebook and Instagram



Instagram Stories:



Twitter:



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Do you want to help amplify the voices of diverse peers in your community?

Take MHA's BIPOC and LGBTQ Peer Support Survey and help promote inclusion in our peer spaces.

Photo: Disabled And Here



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